Practice letterhead

Date

Dear

## Our surgery has decided to take part in a research study looking at treatment for high blood pressure in older patients. This study, known as “OPTIMISE2”, is being run by Professor James Sheppard and Professor Richard McManus at the Nuffield Department of Primary Care, University of Oxford. The study has our full support.

In this study, researchers will assess the safety of reducing the number of drugs prescribed to older people (those who are aged 75 years or older). We are writing to you as someone who is taking two or more medications that lower blood pressure and currently has blood pressure in a normal range: it is patients such as you that the researchers would like to invite to take part.

We are getting in touch on behalf of the research team to invite you to attend a research clinic run by **<<Site Name>>** . At this visit you will meet a member of the research team, be given more information about the study, have a blood pressure check and be asked to complete some questionnaires**.**

If you would like to register your interest or receive further information about the study, please complete and return the enclosed reply slip in the prepaid envelope, or you can contact the research team directly on their study freephone helpline or email address listed on the reverse of this letter (not the surgery). Please note, if there is a big response to the invitations sent out from our practice it may take a few weeks for us to contact you to offer an appointment. If you want to make sure your reply has been received you can contact the research team who would be happy to check for you.

We would like to emphasise that you do not have to take part and if you decide not to your medical care will not be affected. It is also important for you to understand that even if you attend the study clinic to find out more about the research this does **not** commit you to taking part.

If you do not wish to take part in this study then you do not need to respond. The University of Oxford team have not been given any of your information.

For patients that do not respond in the first instance we may send a reminder letter or we may telephone to ask whether you are willing to take part in the trial.

Yours sincerely

Dr x

**for and on behalf of {practice name}**

**TRIAL TEAM CONTACT DETAILS:**

OPTIMISE2 Trial, Nuffield Department of Primary Care Health Sciences, University of Oxford, Gibson Building, Radcliffe Observatory Quarter, Woodstock Road, Oxford, OX2 6GG

**Tel: 0808 196 8649**  **E-mail:** [**optimise2-trial@phc.ox.ac.uk**](mailto:optimise2-trial@phc.ox.ac.uk)

**OPTIMISE2**

**RESPONSE SLIP**

**Practice:**

Yes, I am interested in taking part in the above trial

(please complete your contact details below)

**Name:**

**Preferred Telephone Number:**

**Alternative Telephone Number:**

(if applicable)

**Email Address:**

(if applicable)

**If you would benefit from having an interpreter available at any appointments please tick here and provide the language required below:**

